8am: leaving for work
8.30am: realising you have left your mobile phone at home
8.31am: realising your girlfriend has already read all of your text messages
8.32am - 4.59pm: knowing you will go home to accusations, arguments, name-calling, physical confrontations, screaming, broken belongings, spitting...

Domestic violence and abuse is a crime

Broken Rainbow LGBT
Domestic Violence helpline

0300 999 LGBT (5428)

Funded by: 
Supported by:

Broken Rainbow is a registered charity no. 1103624. 0300 calls are the same price to ring as 01/02 landlines & included as part of any inclusive call minutes *Model shown is for representative purposes only and is in no way connected to the narrative above.